VSP WellVision Exam

Good for Employees (And You)

The VSP WellVision Exam is an important part of caring for your eyes, vision, and overall health.

Did You Know?

A VSP® WellVision Exam® can help with the early detection of more than 270 health conditions.[1] With this exam, a doctor of optometry can provide patients with prescriptions for glasses and/or contact lenses, as well as help detect early signs of chronic conditions like high blood pressure, diabetes, and high cholesterol along with eye and vision issues.

vsp vision care

Components of the VSP WellVision Exam

The main components of a WellVision Exam[2] include but are not limited to patient case history, preliminary testing, refraction, and ocular health assessment.

Patient Case History

The purpose of patient case history is to gather information about the reason for the patient's visit, ocular and systemic health, risk factors, and lifestyle.

Preliminary Testing

Preliminary tests are used to help determine eye health, refraction, and functional vision. The testing sequence is comprised of multiple procedures that may include visual acuity, eye alignment, depth perception, and color vision evaluations.

A **visual acuity test** is the part of an eye exam people are most familiar with. A patient will read an eye chart to determine the clarity of vision and how well the details of letters or symbols can be seen from various distances.

Refraction

Refraction is a multistep process that allows a doctor of optometry to determine a patient's individual prescription, from a universe of more than 200,000 possibilities.

Ocular Health Assessment

An ocular health examination screens for diseases or other potential problems, such as the ocular manifestation of systemic diseases in all structures of the eye.

Personalized Eye Care

VSP members have access to an exceptional eye care experience with the VSP doctor network consisting of credentialed optometrists and ophthalmologists.

A visit to the eye doctor is important for everyone, even if they don't need glasses. And a VSP WellVision Exam can help preserve and protect your vision and overall health.

Use this **shareable flier** which can help your employees understand the importance of an eye exam.

Visit **GetVSPToday.com** for more tools to keep employees engaged in their personal health and vision care.

see well. be well.

1. AOA.org, See the Full Picture of Your Health with an Annual Comprehensive Eye Exam **2**. VSP doctors assess each patient's individual eye care needs and may conduct additional or fewer tests as necessary to ensure comprehensive examination of the eye.

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