

# December Fun Facts

## Birthstone

Blue Topaz



## Birth Flower

Narcissus



## Holidays/ National Days

December 1st  
National Pie Day



December 25th  
Christmas Day



December 31st  
New Year's Eve



## La Sierra Senior Center Staff

Hilda Hernandez  
Recreation  
Coordinator

Felicia Brown  
Recreation  
Coordinator

Analia Martinez  
Assistant Recreation  
Coordinator

Issac Jimenez  
Assistant Recreation  
Coordinator

Vanessa Alvarran  
Friendly Stars  
Instructor

Betty Gaglio  
Instructor

David Garcia  
Instructor

Isaac Valentin  
Recreation Leader

Serena Alva  
Recreation Leader

Tanner Childers  
Recreation Leader

Jakob Curiel  
Recreation Leader

Sayla Daily  
Recreation Leader

Gioconda Escobar  
Recreation Leader

Luis Jacinto  
Recreation Leader

Eboni Jacobs  
Recreation Leader

Sanya Sheth  
Recreation Leader

Jesette Western  
Recreation Leader

Tatiana Diaz  
Recreation Leader

# LA SIERRA SENIOR CENTER



5215 La Sierra Ave., Bldg. B

951.351.6435

Hours of Operation










Monday - Friday 8am - 5pm

## Dates to Remember

- December 2nd: Luncheon Tickets Open at 8am!
- December 6th: Feeding America 8:30am - until supplies last!
- December 9th: Hot Cocoa Pop up 9am - 11am
- December 10th: Sleep Hygiene Presentation 8am - 9:30am
- December 10th: Blood Pressure Reading 10am - 12pm
- December 12th: Vaccine Clinic 10:30am - 2:30pm
- December 17th: Jingle Bell Rock and Roll Luncheon 11am-1pm
- December 18th: Bingo Pizza Party 11am-1pm
- December 25th: \*Facility Closed\* for Christmas



Monday			Tuesday			Wednesday			Thursday			Friday		
8-9a	Walk With Ease		8-8:45a	Beg. Spanish	CL	8-9a	Walk With Ease		8-8:45a	Beg. Spanish	CL	8-9a	Walk With Ease	
9-9:45a	Tai Chi	BR	9-9:45a	Spanish	CL	9-9:45a	Tai Chi	BR	9-9:45a	Spanish	CL	9-9:45a	Non Contact Boxing	BR
9-11a	*Rock and Pot	CR	9-11a	**Beg. Clay Craft	CR	9-11a	Beg. Watercolor	CR	9-11a	Kiln Clean	CR	10-10:45a	Pickleball	CG
10-10:45a	Cardio	BR	10-10:45a	English	CL	10-10:45a	Cardio	BR	10-10:45a	English	CL	10-11a	Chair Exercise	FP
11-11:45a	Pickleball	CG	10-11:30a	Int. Line Dance	BR	10-10:45a	Cardio	BR	10-10:45a	English	CL	10-11:30a	Beg. Line Dance	BR
11a-1p	Tech Help by Appt	CL	10a-Noon	Fiber Spinning	L	11:30a-1:30p	**Adv. Studio Art	CR	10-11:30a	Country line Dance	BR	11:30-2p	Quilting	CR
11:30a-2p	*Clay Craft	CR	11:30a-2p	**Adv. Clay Craft	CR	11:30a-4p	LS Billiards Club	BIR	11:30a-1:30p	Sew Fun Social	CR	11:30a-4p	LS Billiards Club	BIR
11:30-1:30p	Ukulele	BR	Noon-1p	Yoga	BR	1-4p	** Bingo	BR	Noon-2p	Chair Volleyball	BR	11a-11:45a	Cornhole	CG
11:30a-4p	LS Billiards Club	BIR	3-4:30p	Scrapbook	CR	2-3:30p	Needlecrafts	CR	3-5p	Knit & Crochet	CR	Noon-2p	Movie	FP
			2-4p	Chair Volleyball	BR				3-5p	Computer Class	CL	Noon-2p	Chair Volleyball	BR
												2-5p	Sewing	CR

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
Luncheon Tickets Open @ 8 AM!								8:30am - Supplies last	
	9	Inland Caregivers Resource Center Presentation - Sleep Hygiene 8:00am - 9:30am	10		11	County of Riverside: Public Health Vaccine Clinic 10:30am - 2:30pm	12		13
Hot Cocoa Pop up 9am-11am		Resilience Wellness Companions: Blood Pressure Reading 10am - 12pm							
	16	Luncheon 11am-1pm	17		18		19		20
				BINGO Pizza Party					
	23		24	Facility Closed!!!	25		26		27
									
	30		31			⇒ *Classes & Events have a Fee ⇒ **Need Advance Sign-up ⇒ *** Any classes that are NEW at the senior center			
						All Classes, Events, Fees, Times & Dates are Subject to Change			

BR—Ball Room    CL—Computer Lab    CG—Community Center Gym    CR—Craft Room    FP—Fire Place    L—Library    CM—Community Center MPR    BIR-Billiards Room