

Riverside Fire Department



Office of Emergency Management

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CITY OF RIVERSIDE COMMUNITY PREPAREDNESS Newsletter

Fall 2011

Volume I, Issue I

GREETINGS!

We are pleased to present our First Edition of the City of Riverside Fire Department - Office of Emergency Management Community Preparedness Newsletter! The goal is to provide you with valuable information and resources regarding Disaster Preparedness and how you can help our Riverside Community become **READY** for emergencies that may affect us at home, school, work, or while traveling.

The Newsletter is published quarterly and includes a section dedicated to the City of Riverside **Community Emergency Response Team (CERT)** Program. The CERT Section will highlight activities, upcoming trainings dates, and special events pertaining to Riverside CERT Members.

This September will mark the tenth anniversary of 9/11. We ask you to remember those lost as well as make sure you are prepared for future emergencies. **September is National Preparedness Month**, which was founded after 9/11 to increase preparedness in the nation. Emergencies can happen unexpectedly in communities just like ours. Police, fire, and rescue may not always be able to reach us quickly. The most important step we can take in helping our local responders is to take care of ourselves and those in our care; the more people who are prepared, the quicker the Community will recover.

Using the **READY RIVERSIDE** four-step approach will help you be better prepared to deal with most emergencies or disasters that may occur in your area.

GET A KIT - Prepare Disaster Supply Kits. Determine the supplies you need for an evacuation or to "shelter-in-place" (staying at home). After a disaster strikes, you won't have time to shop or search for supplies. If you've gathered supplies in advance, you can

endure an evacuation or home confinement.

MAKE A PLAN - Develop an Emergency or Disaster Plan. An Emergency or Disaster Plan can mean the difference between life and death. Discuss what to do if advised to evacuate, and practice what route to take out of your neighborhood, workplace, or school.

BE INFORMED - Know where the utility shutoffs are for gas, water, and electricity. Shutting off utilities reduces a hazard immediately after a disaster. How will you be notified (Emergency Alert System?) or get information (television? radio?) about emergencies or disasters in your area?

BE INVOLVED - Get involved in helping to better prepare your Community. Take emergency response training like CERT, first aid, and cardiopulmonary resuscitation (CPR). Join a Neighborhood Watch Group. Citizen Corps (<http://www.citizencorps.gov/>) also provides opportunities for citizens to volunteer to support local first responders.

Preparedness is the key to survival in a disaster. Taking steps to prepare now will go a long way to returning our Community to normalcy following a disaster. Please join us in making the City of Riverside a safer place to live, work, and visit.

In closing, we hope that you will find our **Community Preparedness Newsletter** supportive in helping you become more Disaster Ready. For more information on Emergency Preparedness, go to www.readyriverside.com.

Sincerely,

Riverside Fire Department
Office of Emergency Management
(951) 320-8100
rivitycert@riversideca.gov



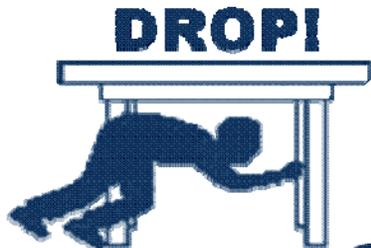
The Great California ShakeOut

Annual Statewide Earthquake Drill

Get Ready to ShakeOut!

On **October 20, 2011 at 10:20 am**, millions of Californians will participate in the largest earthquake drill ever! Participants will **Drop, Cover, and Hold On** in the **Great California ShakeOut**. The goal of this drill is to give an opportunity to practice what to do in a major earthquake.

Major earthquakes may happen anywhere you work, live, or travel. The ShakeOut is a chance to practice how to protect ourselves quickly and safely during a major earthquake. The goal is to prevent a major earthquake from becoming



a catastrophe for you, your family, and your Community.

Why is a "Drop, Cover and Hold On" drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down or something falls on you.

In **MOST** situations you will reduce a chance of injury during an earthquake if you Drop, Cover, Hold On.

DROP down onto your hands and knees (before the earthquake knocks you down). This position protects you from falling but allows you to still move if necessary.

COVER your head and neck under a sturdy table or desk. If there is no shelter nearby, get down near an interior wall (or next to low-lying furniture that won't fall on you), and cover your head and neck with your arms and hands.

HOLD ON to your shelter (or to your head and neck) until the shaking stops. Be prepared to move with your shelter if the shaking shifts it around.



home with the door frame as the only standing part. From this came our belief that a doorway is the safest place to be during an earthquake.

True—**IF** you live in an old, unreinforced adobe house.

In modern houses, doorways are no stronger than any other part of the house. You are safer taking cover under a sturdy table or desk.

10/20 at 10:20 - put that on your calendar.

Practice **Drop, Cover, Hold On.**

Register at www.shakeout.org/register.

DO NOT run outside! Trying to run outside in an earthquake is dangerous, as the ground is moving and you can easily fall or be injured by debris or glass. It is especially dangerous, as glass, bricks, or other building components may be falling. You are much safer to stay inside

and get under a table.

Register as a Participant

We want everyone to be counted as participants in the **Great California ShakeOut**, so go to www.shakeout.org/register to register and invite others to do the same.

If you want to learn more about how you can participate in the ShakeOut in your home, neighborhood, or workplace, go to www.ShakeOut.org. Join millions of Californians who don't want to leave their safety up to chance!

Riverside Fire Department
Office of Emergency Management
(951) 320-8100
rivcitycert@riversideca.gov

FOOD SAFETY DURING A DISASTER

Food Safety

Food may not be safe to eat during and after a disaster. Safe water for drinking, cooking, and personal hygiene includes bottled, boiled, or treated water.

Hand Washing

After a disaster, finding running water can be difficult; however, keeping your hands clean helps you avoid getting sick.

- Wash your hands with soap and warm water for 20 seconds.
- When water is not available, use alcohol-based hand sanitizers.
- Wash hands before preparing or eating food and after going to the bathroom.

Identify and Throw Away Food That May Not Be Safe to Eat

- Throw away food that may have come in contact with flood or storm water.
- Throw away food that has an unusual odor, color, or texture.
- Throw away perishable foods (including meat, poultry, fish, eggs, and leftovers) that have been above 40° Fahrenheit (F) for 4 hours or more.
- Throw away canned foods that are bulging, opened, or damaged.
- Throw away food in containers with screw-caps, snap-lids, crimped caps (soda pop bottles), twist caps, flip tops, snap-open, and home canned foods if they have come into contact with floodwater. These containers cannot be safely disinfected without contaminating the food inside.
- Do not use contaminated water to wash dishes, brush your teeth, wash/prepare food, wash your hands, make ice, or make baby formula.
- Thawed food that contains ice crystals or is 40° F or below can be refrozen or cooked.

Store Food Safely

While the power is out, keep the refrigerator and freezer doors closed as much as possible. The refrigerator will keep food safely cold for about 4

hours if it is unopened. A full freezer will hold the temperature for approximately 48 hours (24 hours if it is half full) **IF** the door remains closed.

Critical Points

- *Throw away food that may have come in contact with flood or storm water.*
- *Keep the refrigerator and freezer doors closed as much as possible and add block ice or dry ice if the electricity is expected to be off longer than 4 hours.*
- *Local authorities will tell you if tap water is safe to drink or use for cooking or bathing. If the water is unsafe, follow the directions of local authorities to safely disinfect the water.*
- *For babies using formula from powder, use bottled water, boiled water, or water that has been treated.*

Clean and Sanitize Food-Contact Surfaces

The Centers for Disease Control recommends discarding the following items if they have come in contact with flood waters: wooden cutting boards, baby bottle nipples, and pacifiers. These items cannot be properly sanitized if they have come into contact with contaminated flood waters.

Clean and sanitize food-contact surfaces in a four-step process:

1. Wash with soap and warm, clean water.
2. Rinse with clean water.
3. Sanitize by immersing for 1 minute in a solution of 1 teaspoon of chlorine bleach (5.25%, unscented) per gallon of water.
4. Allow to air dry.

Related Resources

- Consumers' questions and concerns about food safety: USDA Meat and Poultry Hotline: 1-888-MPHotline; website: www.fsis.usda.gov/Food_Safety_Education/usda_meat_&_poultry_hotline/index.asp.
- When to wash your hands and how to do it without running water: www.bt.cdc.gov/disasters/handhygiene.asp.
- U.S. Department of Agriculture General fact sheet and frequently asked questions (FAQs) on food and water safety, including guidance on when to discard perishable foods: www.fsis.usda.gov/factsheets/keeping_food_Safe_during_an_emergency/index.asp.
- Comprehensive food safety information: www.cdc.gov/foodsafety.
- American Red Cross Comprehensive site on preparing for emergencies, including power outages. See section on Preparing and Getting Trained: www.redcross.org.

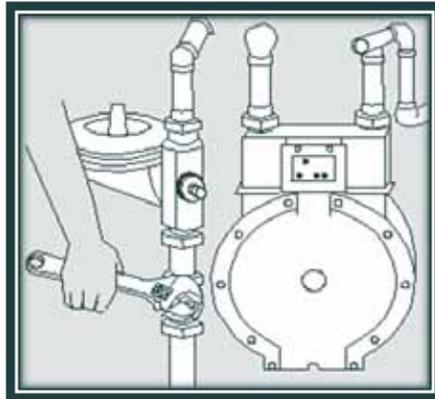
CAN YOU SHUT OFF YOUR GAS IF REQUIRED?

Do you know how to shut off your gas?

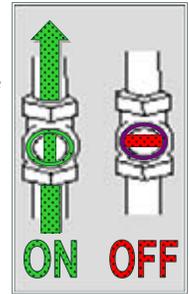
The valve is closed when the tang (the part you put the wrench on) is crosswise to the pipe.

First, located and identify your gas meter and main shut-off valve. In residential areas, it's usually on the side of the residence. The gas meter shut-off diagram below designates a typical shut-off valve location on the pipe that comes out of the ground.

Second, have an adjustable pipe or crescent-type wrench stored near the meter. Use plastic ties, string, rope, wire, straps, or something else to hold



the wrench near the meter. If you use an adjustable wrench, store it pre-fit to your valve. That way if it rusts or corrodes, it will still fit. Oiling or coating moving parts with grease helps keep the wrench functional and ready to use as well.



Third, know which way to turn the valve. To turn off the valve, use a wrench to turn the valve clockwise one-quarter turn. The valve is closed when the tang (the part you put the wrench on) is crosswise to the pipe.

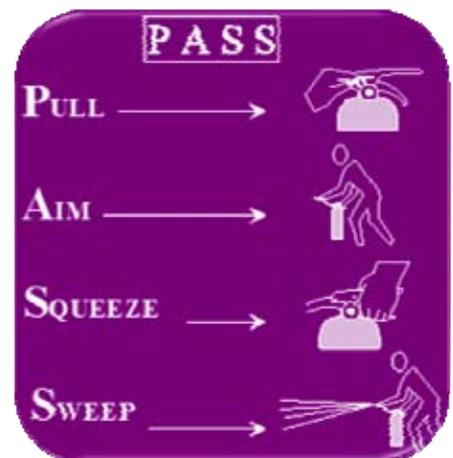
When you learn the proper shut-off procedure for your meter, share the information with everyone in your household. Be sure not to actually turn off the gas when practicing the proper gas shut-off procedure. After the gas service is turned off, only a trained technician can restore it.

OPERATION OF FIRE EXTINGUISHERS

To ensure that a fire extinguisher is working properly, **TEST IT** before approaching any fire. Operate portable fire extinguishers in an **UPRIGHT** position. To help you remember the correct procedure, think **PASS**:

- ◆ Pull
- ◆ Aim
- ◆ Squeeze
- ◆ Sweep

Aim at the **BASE** of the fire.



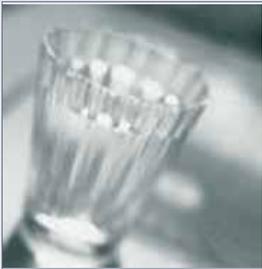
EMERGENCY WATER STORAGE, QUANTITY, AND PURIFICATION

How Do I Store Water?

Pick the right containers to store your water. Always store water in plastic containers (e.g., soft drink bottles). Avoid using containers that will decompose or break, such as milk cartons or glass bottles.

How Much Water?

A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that requirement. Children, nursing mothers, and ill people will need more.



Store 1 gallon of water per person per day (2 quarts for drinking and 2

quarts for food preparation and sanitation.)

Keep at least a 3-day supply of water for each person in your household.

What if I Need to Purify the Water?

If you have questions about the quality of water, purify it before drinking. You can heat water to a rolling boil for 1 minute or use commercial purification tablets to purify the water.

You can also use household liquid chlorine bleach if it is pure, unscented, 5.25% sodium hypochlorite.

Use the table below as a guide. After adding bleach, shake or stir the water container and let it stand 30 minutes before drinking.

Store 1 gallon of water per person per day - 2 quarts for drinking and 2 quarts for food preparation and sanitation.

Ratios for Purifying Water with Bleach

Water Quantity	Amount of Bleach
1 Quart	4 Drops
1 Gallon (4 Quarts)	16 Drops
5 Gallons	1 Teaspoon

- CERT Training Opportunities — page 5
- If you have new contact information, let us know — page 14



*Training Today,
for Tomorrow's Emergencies*

Reminder to CERT Members

A few have forgotten issued CERT gear or proper shoes for the assignment given.

1. Please bring CERT issued equipment to Training and Events.
2. Please wear comfortable clothing and close-toed shoes to Training and Events.

We want to ensure your safety during CERT activities.

Wear of CERT Items. CERT vests and hard hats issued by the Riverside Fire Department - CERT Program will only be worn during official CERT activated or approved activities.

*Thank you
for all you do.*

CITY OF RIVERSIDE CERT BULLETIN

HELLO, CERT MEMBERS

September is National Preparedness Month, a nationwide coordinated effort sponsored by the Ready Campaign and Citizen Corps, encouraging families to take action now to prepare for future emergencies and disasters in homes, businesses, and communities. In recognition of the tenth anniversary of the attacks of September 11th, this year's National Preparedness Month theme is "A Time to Remember. A Time to Prepare."

As CERT Members, you can help your neighbors and co-workers make **Time to Remember** and **Time to Prepare**. One of the easiest ways to get started is by coordinating a meeting. At your meeting you can share emergency preparedness information about available skills and resources within your neighborhood or workplace that would be useful in the event of a disaster.

Here are some steps to help organize your neighborhood or workplace to be Disaster Ready:

Inventory Your Skills. Conduct an inventory of skills and resources available in your area. You should have this information on hand before a disaster happens for efficient, effective responses.

Identify people. Identify people who have medical, electrical, child care, leadership, firefighting, and survival skills. Pinpoint those who own tools, ham radios, four-wheel drive vehicles, motorcycles, and water purifiers. Determine those who are willing and able to be a runner/bicyclist to deliver messages if telephone lines are down.

Store Supplies. In addition to the water, food, and other supplies that everyone needs to stock, you should also store tools. Items such as the following should be stored in a central and easily accessible location.

- Gloves and goggles
- Adjustable wrenches
- Hard hats and vests
- Flashlights with extra
- Axes and crowbars
- Ropes

Some homes or offices may have people with special needs. Work with these individuals in advance to determine what extra assistance or supplies they may require after an earthquake or other emergency.

While remembering the disasters of our past during this September National Preparedness Month, let's help make sure our Community is prepared for disasters in the future. Preparedness is everyone's responsibility; it takes a whole Community.

Sincerely,

Gina Perez
Community Preparedness Coordinator
City of Riverside Fire Department - Office of Emergency Management
(951) 320-8112
gperez@riversideca.gov

SAVE THE DATE: CERT ACTIVITIES AND CLASSES

CERT 20-Hour
Basic Course Training
Prepare family, co-workers, and
neighbors for disasters with the
CERT Basic Course. The
registration form is at [https://
www.riversideca.gov/readyriverside/
CERT/forms/
CertRegisterTrainingBasic.aspx](https://www.riversideca.gov/readyriverside/CERT/forms/CertRegisterTrainingBasic.aspx).

Location:
Riverside City Emergency
Operations Center (EOC)
3085 St. Lawrence Street
Riverside, CA 92504

- Dates:** (attend all three)
- ♦ Nov 4, 2011, Friday
6:00 pm to 9:00 pm
 - ♦ Nov 5, 2011, Saturday
8:00 am – 5:00 pm
 - ♦ Nov 6, 2011, Sunday
8:00 am to 5:00 pm

To receive the Certificate of
Completion, attend all three
classes. Registration fee is \$15.00.

CERT Volunteers Needed for
CERT/Disaster Preparedness
Information Booths
Help spread the word about CERT/
Disaster Preparedness by
volunteering to staff a display
booth at Community events. At
times we also need your help at
Community events to make them
run smoothly. Call (951) 320-8112
or e-mail Gina Perez at
gperez@riversideca.gov. Please
volunteer for at least two hours;
this still leaves time to enjoy the
event.

- ♦ **September 22, Thursday**
**Riverside City Employee
Disaster Kit Fair**

Riverside Fire Department-EOC
Large Conference Room
3085 Saint Lawrence Street
Riverside, CA 92504
12:00 pm to 4:00 pm

- ♦ **September 27, Tuesday**
**Ready Riverside Emergency
Preparedness Fair**
*This is the first year for this
event. We need help with various
tasks to make this a success.*
Riverside Fire Department-
Office of Emergency
Management
3900 Main Street-City Hall
Breezeway
Riverside, CA 92501
10:00 am to 2:00 pm

Advanced CERT Training
Courses with fewer than 15 CERT
Members registered will be
cancelled. Get advanced training or
help out by being an “injured
victim” during the Basic Course
final exercise. Register at [https://
www.riversideca.gov/readyriverside/
CERT/forms/
CertRegisterTrainingAdvanced.aspx](https://www.riversideca.gov/readyriverside/CERT/forms/CertRegisterTrainingAdvanced.aspx).

- ♦ **September 21, Wednesday**
**Safety after Disaster
Operations**
Instructor: Anthony Coletta,
Emergency Services Manager
Riverside Fire Department-EOC
3085 Saint Lawrence Street
Riverside, CA 92504
6:00 pm to 8:00 pm
- ♦ **October 19, Wednesday**
Haz-Mat Safety Operations
Riverside Fire Department-EOC
3085 Saint Lawrence Street
Riverside, CA 92504
6:00 pm to 8:00 pm

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- ♦ **November 6, Sunday**
Final Drill Exercise
Be an “Injured Victim”
Riverside Fire Department-EOC
3085 Saint Lawrence Street
Riverside, CA 92504
2:00 pm to 4:00 pm

CONGRATULATIONS CERT CLASS NUMBER 37!

In alphabetical order is presented the May 2011 CERT Class: Edgar Aguilar, Joseph Alvarado, Robert Boltinghouse, Steve Bradshaw, Travis Bradshaw, Tyler Bradshaw, Maria Carmona, John Chang, Thalia Chen, Laura Cross, Theresa Cross, Tony Crowder, Stephania Crowder, Ivan Cruz, Jose De La Cruz, Robert Douge, Stephen Dueker, Marge Edwards, Ann Foster, Taylor Gilbertson, Margo Hepler, Mary Herrock, Tony Hudson Sr., Casey Johnson, Christina Ogle, Ryan Carr, Nader Shahatit, Jean Smith, and Abraham Villanueva.



Thanks go to CERT Members, **Adriana Curiel, Anna Haldren, Cathy Jensen, Mario Rivera Jr., and Angel**

Sanchez Sr., who helped at this May 2011 CERT Basic Course and Final Drill Exercise. Great Job!!

The CERT Class listens intently. Below, a team practices lifting a "victim."



Steve Bradshaw and his sons, Travis and Tyler, practice first aid.

Below, a team building exercise.



CERT MEMBERS VOLUNTEER AT THE RIVERSIDE AIRSHOW



CERT Members Carol and Greg Crouch give information on how to turn off the gas meter in the event of an emergency.



CERT Member Art Santore provides Family Disaster Preparedness information.

The 19th Annual Riverside Airshow, located at 6951 Flight Road in the City of Riverside, was hosted on March 26, 2011, by the Riverside Airport.

CERT Members demonstrated preparedness and distributed free smoke detectors. Thanks to CERT Members who volunteered for the Riverside Airshow:

- Angel Sanchez
- Art Santore
- Carla Zehrt
- Carol Crouch
- Doreen Reinke
- Fran Ferard
- Greg Crouch
- Irma Ochoa
- Mario Rivera
- Regina Brown
- Robert Danduran
- Shelly Seebold
- Victor Sartoresi



CERT Members distributed over 250 Free Smoke Detectors to Riverside Residents.



RIVERSIDE FIRE EMPLOYEE FAMILY DAY

On May 22, 2011, the City of Riverside Fire Department Employee Family Day included

demonstrations in structure and car fires, aerial ladder and rappelling, car

extrication, and K9 teams. Everyone, including CERT Members, had fun.



CERT Members Art Santore, Cathy Jensen, and Rita Lavallee help out at the Family Day. Adrianna Curiel and BJ Ratliff also helped out that day.



Mario Rivera Jr., Art Santore, Christine Spahr, Karen Jensen, and CERT Coordinator, Gina Perez, assist at the CERT booth.



Engine conducts burn demonstration.



Above is a burn demonstration. To the left is an aerial ladder demonstration.



CERT ADVANCED TRAINING: AMATEUR (HAM) RADIO LICENSE TRAINING

Riverside CERT is establishing a HAM Radio Group that will be a valuable resource in a major event or emergency.



Congratulations to the CERT Members who attended the CERT Amateur (Ham) Radio License Training in the

month of April 2011. They are now Licensed HAM Radio Technicians!

Scott Richardson, Amateur Radio License Instructor, provides training to CERT Members.



Alvin Brown, Amateur Radio License Volunteer Examiner and his group of Volunteer Examiners grade the License Exams of CERT Members attending training.



BIG THANKS TO NATIONAL NIGHT OUT CERT VOLUNTEERS

Thank you to the following CERT Members:

Joe Hamlin, Angel Sanchez, Angelina Robles, Wanda Gong, Jo Ann Snodgrass, Daniel Gregorio, Ivan Cruz, and Jarred Jackson.

These CERT Members volunteered at the

National Night Out Kick-Off Event at Riverwalk Montecito Estate Park on July 30, 2011.

They helped to provide Emergency Preparedness and CERT information and distributed free smoke detectors.



MEADOWS MOBILE HOME SENIOR CONFERENCE



Chief Sergio Diaz and Lieutenant Steve Johnson speak regarding Police Services that are available to Seniors.



Meadows Mobile Home Senior Conference, held in June 2011, provided resources and information to Seniors.

10TH ANNUAL RIVERSIDE NEIGHBORHOOD CONFERENCE CAL BAPTIST UNIVERSITY

Anthony Coletta, Emergency Services Manager, conducted a Disaster Preparedness Workshop June 2011, at the event. Thanks to CERT Members who volunteered their time to help out at the Neighborhood Conference!

- | | | |
|----------------|------------------|----------------|
| Adriana Curiel | Angel Sanchez | Art Santore |
| Barbara Nelson | Darlene Malone | Jarred Jackson |
| Joe Hamlin | Mario Rivera Jr. | Regina Brown |



CERT Members Ivan Cruz, Daniel Gregorio, and Angelina Robles staff the CERT booth and give out free smoke detectors at Meadows Mobile Homes.



Gina Perez, CERT Coordinator and CERT Members, Adriana Curiel, Jarred Jackson, Mario Rivera Jr., and Regina Brown at the CERT booth at Cal Baptist.



At Cal Baptist, CERT Members provide Disaster Preparedness Information and distribute free smoke detectors to Riverside residents.

CERT ADVANCED TRAINING: POD MEDICINES ORIENTATION



CERT Members received Orientation on the function of Points of Dispensing (PODs) Medicines, including job assignments and the forms used, on April 20, 2011.

PODs are designated medicine dispensing locations for persons who are currently healthy but may have been “exposed” and need prophylactic (preventive) medication.

County Public Health Instructors, **Pat Henry**, Assist. Nurse Manager, Strategic National Stockpile (SNS) Coordinator, and **Anne Accurso**, CRI Project Coordinator,



Riverside County Public Health Department explained how CERT Members would be able to help in the event of a large-scale health emergency.

CERT Members also participated in an exercise by role playing with POD assignments and as patients.

Thanks to all who attended. Great job!!

8TH ANNUAL SENIOR CONFERENCE, GOESKE CENTER



Anthony Coletta, Emergency Services Manager, conducts the Disaster Preparedness presentation to attendees of the event.

our Community about health related services, programming, agency information, and products.

Thanks to CERT Members **Angelina Robles, Barbara Nelson, and**

Lynnette McClean for assisting at the Senior Conference.



The Annual Senior Conference is coordinated by the Riverside Police Dept and the Janet Goeske Foundation. It has occurred every year for the past 8 years.



This year it was held this year on March 23, 2011, at the Goeske Center at 5257 La Sierra Street in the City of Riverside.

The goal is to engage and educate Seniors in

CERT Members Angelina Robles and Barbara Nelson help explain the importance of being CERT Trained.



CERT ADVANCED TRAINING: FIELD SAFETY AROUND ANIMALS

Captain Tammie Belmonte, Field Services County of Riverside, Department of Animal Services, provided training to CERT Members in May 2011, on animal behavior and bite prevention. This

important information will be helpful to CERT

Members assisting in canvassing or with

evacuations in Neighborhoods.



Captain Tammie Belmonte (standing at far right) teaches Safety Around Animals to CERT Members.



CERT MEMBERS AT SHELTER REGISTRATION DRILL

Once again CERT Members come through!! We asked for CERT Volunteers to assist with the Shelter Registration Drill held by the Riverside Fire Department Office of Emergency Management - Emergency Planners. CERT Members came ready to help.

The Shelter Registration Drill was held on July 13, 2011, at the Magnolia Police Station (10540



Magnolia Avenue). It involved testing a bar coding system that would be used at a Mass Care and Shelter location to help track families and property.

Great job, CERT!



CITY OF
RIVERSIDE
COMMUNITY
PREPAREDNESS
NEWSLETTER

City of Riverside
Fire Department
Office of Emergency
Management

Phone: 951-320-8100
Fax: 951-320-8102
e-mail: rivcitycert@
riversideca.gov

Local website:
www.readyriverside.com
National website:
www.citizen corps.gov

Executive Editor:
Anthony Coletta,
Emergency Services
Manager

Editor:
Felicia A. Bradfield,
CERT Volunteer

Contributing Editor:
Gina Perez
Community Preparedness
and CERT Coordinator



INDIVIDUAL DISASTER PREPAREDNESS

Disaster Do's and Don'ts

Do create an individualized emergency plan.

Don't wait until it happens to you.

Do assemble a "to go" kit that includes a week's supply of meds.

Don't forget to conduct quarterly drills of your personal plan.

Do register with or form a registry with emergency responders.

Don't leave out those who can assist you in the planning process.

Do develop a network of family, friends, and neighbors to assist.

Don't forget a flashlight, radio, and two routes for exiting your home.

Do check out accessibility of local shelters and hotels.

Don't put yourself in a dangerous situation when the power goes out.

Do have a portable generator or adapter and car battery for power.

Don't think it won't happen to you.

Do have adequate rental or home insurance.

Don't forget small details, including having extra ready cash.

Do get training on, then direct others on, turning off gas and water.

Don't procrastinate with safety.

Do heed early warnings to allow time for evacuation or taking cover.

Visit <http://www.nobodyleftbehind2.org/> for more information.

IMPORTANT

Have you moved or changed your email
address or phone number?



Give us a call (951.320.8100)
or send an email
(rivcitycert@riversideca.gov)
and update your contact
information.