

POST
Firearms Tactical Rifle
EXPANDED COURSE OUTLINE

I. Introduction

- A. Welcoming Remarks and Instructor Introductions
 - 1. Students will sign the roster
 - 2. Facility orientation such as restrooms, phones, parking, water/food, etc.
 - 3. Summary of course content to be covered and expectations

II. Law Updates and Agency Policy (Instructor lecture)

- A. Penal Code section 32610(b)
 - 1. Possession of Within Scope of Employment
- B. Penal Code section 33220(b)
 - 1. Training requirement
- C. Agency Firearms Use and Use of Force Policies (Outside agencies will be directed to read and be familiar with their specific agency policy regarding Firearms Use and Use of Force)
 - 1. Use of Force options
 - 2. Department Policy
 - a. Lexipol Policy section 300: Use of Force
 - b. Lexipol Policy section 308: Firearms
 - c. Lexipol Policy section 308.3.3: Patrol Rifles
- D. Law Review
 - 1. Tennessee vs. Garner
 - 2. Graham vs. Connor

III. Safety Policy and Range Rules (Instructor lecture)

- A. The Four Basic Safety Rules include
 - 1. Treat all guns as if they are loaded.
 - 2. Never point the muzzle at anything you are not willing to destroy.
 - 3. Keep your finger off the trigger until your sights are on the target.
 - 4. Always be sure of your target and beyond.
- B. Range Rules
 - 1. After weapons have been grounded or properly slung, and the line has been called safe by an instructor do not touch the weapon until all students are back from their targets, and the instructor has given the okay.
 - 2. If a problem arises on the line, raise your non-gun-hand to summon an instructor.

IV. Nomenclature, Specifications and Capabilities (Rifle manuals with the following information and photographs will be provided to each student to complement the instructors lecture and to keep for future reference)

- A. Nomenclature
 - 1. Front and Rear Sights
 - 2. Bolt Catch
 - 3. Magazine Release
 - 4. Safety/Selector
 - 5. Magazine
 - 6. Sling and Sling Attachments
- B. Specifications
 - 1. Type of Weapon
 - 2. Barrel Length
 - 3. Overall Length
 - 4. Caliber
 - 5. Magazine Capacity
 - 6. Weight (empty)
 - 7. Type of Sights
 - 8. Approximate Muzzle Velocity
- C. Capabilities
 - 1. Maximum Range
 - 2. Maximum Effective Range
 - 3. Penetration of Soft Body Armor
 - 4. Full/Semi-Automatic

V. Firearm Care, Disassembly/Assembly, and Maintenance

- A. Associated cleaning products, tools, repairs, and inspections
 - 1. Pros/cons of various maintenance products, carbon cleaners, and cleaning kits
 - 2. Manufacturer specifications and owner vs armorer responsibilities
- B. Breakdown and Re-Assembly of Rifle
 - 1. Step by step breakdown
 - 2. Lubrication and cleaning of individual parts
 - 3. Step by step re-assembly and function check

***Students will breakdown, clean, lubricate, and re-assemble rifle with step by step instructions from instructor and then demonstrate competency by repeating without assistance.

VI. Basic Shooting Skills

- A. Stance/Position
 - 1. Standing

2. Kneeling
3. Prone

***The instructor will demonstrate proper stance and weapon positioning to the students. The students will then demonstrate each stance and weapon position. This will be performed with an unloaded rifle.

B. Sight Alignment/Picture

1. Sight Alignment
2. Top of front sight post centered in the rear peep.
3. 100 percent focus is on the top edge of the front sight post. The rear peep and target are blurred.

***The instructor will demonstrate proper sight alignment using wood cut-outs of the front and rear iron sights as references. Students will then practice sight alignment using their unloaded rifles.

C. Sight Picture

1. Defined as the relationship of sight alignment to the target.
2. Mechanical offset

D. Trigger Control

1. Emphasize that this is the single most important element.
2. Shooter must apply gradual pressure on the trigger for a surprise trigger break so as to not disturb sight alignment when the shot is made.

***The instructor will demonstrate trigger control by using an unloaded rifle and squeezing the trigger in the desired way. Students will then practice trigger control with an unloaded rifle.

E. Grip/Stock Weld

1. Proper grip and shoulder placement
2. Proper cheek weld

***The instructor will demonstrate proper grip, shoulder placement, and cheek weld using an unloaded rifle. Students will then practice coming up on target with an unloaded rifle utilizing proper grip, shoulder placement, and cheek weld.

F. Breathing

1. Breath must be held at the moment the shot is made.
2. Breathing while firing will cause vertical stringing of shots.
3. Holding breath too long will cause vision to blur and muscles to tremble, so the shot must be made before this happens.

***The instructor will demonstrate proper breathing when firing the rifle. The instructor will use an unloaded rifle to demonstrate. Students will then practice proper breathing with an unloaded rifle while up on target.

G. Follow Through

1. Maintain all the elements throughout the shot.

H. Loading/Unloading/Reloading

1. Loading and unloading magazine
 - a. "L" shape, side by side, and replacement
2. Reloads
 - a. Combat reloads
 - b. Tactical reloads

***Using "dummy" rounds only, the instructor will demonstrate the proper procedures for loading and unloading magazines. The instructor will also demonstrate the proper procedures for combat and tactical reloads. Students will then demonstrate the proper procedures for loading, unloading, and combat/tactical reloads. Students will use "dummy" rounds only.

I. "Zero" Rifle

1. Bench shooting
 - a. Proper positioning

***The instructor will demonstrate proper bench shooting positioning utilizing the above mentioned basic shooting skills. The students will then demonstrate their understanding by showing proper positioning and utilization of basic shooting skills. This will be dry fire only, no live rounds.

- b. "Zeroing" with iron sights

***Students will be positioned at their own bench along the firing line located 100 yards away from paper target. At the command to fire, each student will fire three rounds slow fire for accuracy. Once three rounds have been fired, the students will place the rifle on safe, remove the magazine, and place the rifle on the bench indicating they are done. Once all students are done, the targets will be examined and adjustments will be made to the iron sights with instructor assistance.

- c. "Zeroing" with optic sights

***Students will be positioned at their own bench along the firing line located 100 yards away from paper target. At the command to fire, each student will fire three rounds slow fire for accuracy. Once three rounds have been fired, the students will place the rifle on safe, remove the magazine, and place the

rifle on the bench indicating they are done. Once all students are done, the targets will be examined and adjustments will be made to the optic sights with instructor assistance.

VII. Clearing Malfunctions and Stoppages

- A. In close quarter confrontations, consider immediate transition to the handgun
 - 1. Techniques of transitioning from rifle to handgun
 - a. Single point sling
 - b. 3 point sling

***The instructor will demonstrate the proper technique of transitioning from rifle to handgun using the single point and the 3 point slings. This will be done with unloaded rifles and handguns. Students will then demonstrate the techniques using unloaded rifles and handguns.

- B. Failure to fire
 - 1. "Tap, Rack, Assess"
 - a. Seat magazine by hitting it with heel of hand
 - b. Pull bolt to rear and release
 - c. Obtain sight picture
 - d. Assess if follow-up shots are necessary
 - 2. Stove pipe
 - a. Tilt rifle so that ejection port faces the ground
 - b. Pull bolt to rear and release
 - c. Obtain sight picture
 - d. Assess if follow-up shots are necessary
 - 3. Feed way stoppages
 - a. Lock the bolt to the rear
 - b. Remove the magazine from the weapon
 - 1. Discard magazine
 - c. Clear live rounds from the receiver and chamber
 - d. Insert a fresh loaded magazine
 - e. Chamber a round
 - f. Obtain sight picture
 - g. Assess if follow-up shots are necessary

***The instructor will demonstrate clearing the above mentioned malfunctions with the use of "dummy" rounds. Students will then set up the malfunctions with "dummy" rounds and then clear the malfunctions using the demonstrated procedures.

*****Live Fire Skills Demonstration for section VII(B)(1): Tap Rack Drill:** All students will stand at the 50 yard line. Students will have 3 magazines loaded with 10 rounds each (5 live rounds and 5 "dummy" rounds. Each live round will be alternated by a "dummy" round). At each threat command, the student will attempt to fire 2 rounds

at a paper target. At each second attempt, the student will have to Tap, Rack, and Assess. Once the magazine is empty, the student will perform a combat reload. Once the student has finished firing and clearing all 3 magazines, they will place the rifle on safe and properly sling it.

*****Live Fire Skills Demonstration for section VI(H)(2): Combat Reload Drill:** All students will stand at the 50 yard line. Students will have 3 magazines loaded with 3 rounds each. At each threat command, the student will fire 2 rounds at a paper target. Once each magazine is empty, the student will perform a combat reload and work the bolt catch (not the charging handle). Once the student has finished firing all 3 magazines, they will place the rifle on safe and properly sling it.

*****Live Fire Skills Demonstration for sections VI(C)(2), VI(H)(2), and VII(A)(1): Mechanical Offset, Combat Reload and Transition:** All students will stand at the 7 yard line. Students will have 3 rifle magazines loaded with 3 rounds each and their pistol magazine loaded with 5 rounds. At each threat command, the student will fire 2 rounds at a paper target. Once each magazine is empty, the student will perform a combat reload and work the bolt catch (not the charging handle). Once the student has finished firing all 3 magazines, they will place the rifle on safe and properly sling it, properly transition to their handgun and fire 2 rounds. The student will scan for additional threats and then holster their handgun.

VIII. Use of Artificial Supports and Barricades (Qualification Course)

- A. Artificial supports and barricades
 - 1. Pros and cons
 - 2. Proper positioning

*******The instructor will demonstrate proper weapon positioning when utilizing various artificial supports and barricades. The instructor will use an unloaded rifle for demonstration.

*****Live Fire Skills Demonstration: Iron and Optics Sights Qualification Course:** All students will start at the 100 yard line. All students will be firing at the same time during this exercise. Each student will have 3 magazines loaded with 3, 11, and 21 rounds respectively and their handgun loaded with 6 rounds. Each student will be firing from a barricade on the 100 yard line. At the command to fire, and using iron sights only, each student will fire the following course at a paper target utilizing the barricade for support (3 rounds standing supported at center body mass, combat reload, 2 rounds kneeling supported at center body mass, 4 rounds prone at center body mass). Once the student has completed this portion of the course, they will place the rifle on safe and remain in the prone position until all shooters have finished.

As a group, all students will be walked to the 75 yard line. At the threat command, all students will fire 5 rounds from the standing position at steel targets placed next to the paper targets. This is for feedback purposes for the students and does not affect the qualification score. Once all students have fired 5 rounds, they will then fire 5 rounds from the kneeling position at center body mass of the paper target. Once the student has completed this

portion of the course, they will perform a combat reload, place the rifle on safe and remain in the kneeling position until all shooters have finished.

As a group, all students will be walked to the 50 yard line. At the threat command, all students will fire 5 rounds from the kneeling position at center body mass of the paper target. Once the student has completed this portion of the course, they will place the rifle on safe and remain in the kneeling position until all shooters have finished.

As a group, all students will be walked to the 15 yard line. At each threat command, all students will fire the following course (Threat: 2 rounds center body mass/2 rounds head, Threat: 2 accelerated rounds center body mass, Threat: 2 rounds center body mass/2 rounds head, Threat: 2 rounds center body mass). On the final threat command, students will only be able to fire 1 round from the rifle as it will be empty. The student will properly sling the rifle and transition to their handgun to finish the last round on the steel target. Once completed, the student will holster the handgun, place the rifle on safe and leave it properly slung until further direction is given to remove the magazine and perform clearance checks. The course will be scored and documented.

All students with optic sights will perform the same qualification course again using optic sights. The course will be scored and documented.

IX. Tactical Considerations (Instructor lecture)

A. Deployment Considerations

1. Based on agency guidelines and training
2. Physical environment
3. Cover and concealment awareness

B. Weapon Considerations

1. Rifle caliber rounds will penetrate soft body armor (yours or theirs!).
2. The Patrol Rifle affords the opportunity to maintain safe distances to adversaries.
3. The Patrol Rifle affords an increased effective range over the service shotgun and handgun.
4. The Patrol Rifle affords more accuracy than a service shotgun with a rifled slug.
5. The Patrol Rifle is easier to load and re-load than a service shotgun.
6. The Patrol Rifle has a larger ammunition capacity than a service shotgun.

C. Low Light Operations

1. Lighting systems and placement on rifle
2. Pros and Cons
3. Tactical considerations and movements

X. Shooting Decision (Qualification Course)(Instructor lecture)

A. Know your abilities and limitations, and those of your weapon.

1. Distance, wind, mechanical offset

- B. Exercise fire discipline within agency guidelines and the parameters of applicable State and Federal laws.
2. Graham v Connor “Objective Reasonableness”

*****Live Fire Skills Demonstration: Iron and Optics Sights Re-Qualification Course:** All students will start at the 100 yard line. All students will be firing at the same time during this exercise. Each student will have 3 magazines loaded with 3, 11, and 21 rounds respectively and their handgun loaded with 6 rounds. Each student will be firing from a barricade on the 100 yard line. At the command to fire, and using iron sights only, each student will fire the following course at a paper target utilizing the barricade for support (3 rounds standing supported at center body mass, combat reload, 2 rounds kneeling supported at center body mass, 4 rounds prone at center body mass). Once the student has completed this portion of the course, they will place the rifle on safe and remain in the prone position until all shooters have finished.

As a group, all students will be walked to the 75 yard line. At the threat command, all students will fire 5 rounds from the standing position at steel targets placed next to the paper targets. This is for feedback purposes for the students and does not affect the qualification score. Once all students have fired 5 rounds, they will then fire 5 rounds from the kneeling position at center body mass of the paper target. Once the student has completed this portion of the course, they will perform a combat reload, place the rifle on safe and remain in the kneeling position until all shooters have finished.

As a group, all students will be walked to the 50 yard line. At the threat command, all students will fire 5 rounds from the kneeling position at center body mass of the paper target. Once the student has completed this portion of the course, they will place the rifle on safe and remain in the kneeling position until all shooters have finished.

As a group, all students will be walked to the 15 yard line. At each threat command, all students will fire the following course (Threat: 2 rounds center body mass/2 rounds head, Threat: 2 accelerated rounds center body mass, Threat: 2 rounds center body mass/2 rounds head, Threat: 2 rounds center body mass). On the final threat command, students will only be able to fire 1 round from the rifle as it will be empty. The student will properly sling the rifle and transition to their handgun to finish the last round on the steel target. Once completed, the student will holster the handgun, place the rifle on safe and leave it properly slung until further direction is given to remove the magazine and perform clearance checks. The course will be scored and documented.

All students with optic sights will perform the same qualification course again using optic sights. The course will be scored and documented.

*****Live Fire Skills Demonstration for section VI: Walk Back Drill** – Students will all start at the 50 yard line. Only one student will be firing at a time during this exercise. All non-firing students will have their rifle placed on safe and slung on the firing line. Starting at one end of the firing line, the first student will fire from the standing position until they hit the target (18”

hanging steel gong). Then the next student will do the same until all students have successfully hit the target. The exercise begins again with the first student but now from a kneeling position. Once all students have successfully hit the target from the kneeling position, the exercise will begin again with the first student but now from a prone position. Once all students have successfully hit the target from the prone position, the weapons will be placed on safe and slung. The group will walk back to the 130 yard line and perform the exercise again (standing, kneeling, and prone). Once the exercise is completed from the 130 yard line, the group will place their rifles on safe and sling them. As a group, they will walk back to the 250 yard line and perform the exercise for a final time (standing, kneeling, and prone).

*****Live Fire Skills Demonstration for section VI(H)(2): 5/5/5 Reloading Drill:** Students will all stand at the 10 yard line. All students will be firing at the same time during this exercise. Each student will have 3 magazines loaded with 5 rounds each. At each threat command, the students will fire 2 rounds at the target (8.5" x 11" paper target). The exercise will consist of 5 rounds from the standing position, combat reload, 5 rounds from the kneeling position, combat reload, 5 rounds from the prone position. Once the student has finished the drill, they will remove the magazine, clear the weapon, place the rifle on safe, and properly sling the rifle.

*****Live Fire Skills Demonstration for sections VIII(A) and VII(B)(1): Nine-Hole Barricade Drill:** Only one student will be firing at a time during this exercise. All other students will line up at the 80 yard line with their rifles placed on safe and slung. The student performing this exercise will be placed at the 75 yard line behind a wooden barricade with 9 holes cut out in it. These 9 holes are different in both shapes and sizes (circles, triangles, squares, rectangles) and are located at different heights. The student will then fire through the top hole (standing) until they strike the target (steel plate). Once they strike the target, they are done with that hole and move down to the next hole. They continue this with each hole which forces them to move from a standing position to a kneeling position and finally to a prone position. The shapes also force the shooter to rotate the rifle up to 90 degrees from vertical. As long as the student keeps their focus on the sights as instructed they will still be able to strike the target. A "dummy" round will be placed in the magazine which will force the student to perform a malfunction clearance (tap, rack, assess) during the exercise. Once the student has finished the drill, they will remove the magazine, clear the weapon, place the rifle on safe, and properly sling the rifle.

XI. Tactical Movements with the Rifle

- A. Proper stance
 - 1. Moving forward
 - 2. Moving backward
 - 3. Turning movements-safety circle

*******The instructor will demonstrate the proper way to walk forward and backward while utilizing a good shooting platform. The instructor will also demonstrate the proper way to move around objects and people with the rifle pointed down towards the ground during the

movement and then up on target. This will all be done with an unloaded rifle. The students will then perform the exercise by walking as a group towards the target and then backwards away from the target. The students will walk with their weapon at low ready. When given the threat command, the students will come up on their target and continue walking until the low ready command is given again. This will be done with unloaded rifles.

*****Live Fire Skills Demonstration for section XI(A): Tactical Movements:**

All students will start at the 25 yard line. The students will have 3 magazines loaded with 5 rounds each. At the command to move, the students will walk slowly as a group towards the paper targets. At each threat command, the students will fire 2 rounds. The students will perform combat reloads when needed while still walking. The group will continue this progression until they reach the 10 yard line where the instructor will direct them to stop. At the command to move, the students will walk slowly backwards away from the target. At each threat command, the students will fire 2 rounds at the target. The students will perform combat reloads when needed while still walking. The students will continue this regression until they reach the 25 yard line where the instructor will direct them to stop. Instructors will be positioned closely behind the students directing individuals to speed up or slow down so as to keep everyone together during the exercise.

*****Live Fire Skills Demonstration for section XI(A)(3): Tactical Turning Movements:** All students will stand at the 10 yard line. The students will have 3 magazines loaded with 5 rounds each. The students will begin by facing 90 degrees left from the paper targets. The rifles will be on safe and pointed towards the ground. At the threat command, the students will turn towards the targets, place the rifle on fire, and shoot 2 rounds at their target. The instructor will then have the students place the rifles on safe and return to their starting position. The students will repeat this drill until they have run empty with their first magazine at which point they will place the rifle on safe, sling it properly, and transition to their handgun, firing 2 rounds at their target. The students will then scan and holster their handguns. The students will then be instructed to load a fresh magazine, place the rifle on safe and now face 90 degrees right from the paper targets. The drill will continue in the same manner until they have run dry and transitioned to their handguns. The students will again be instructed to load a fresh magazine, place the rifle on safe, and now face away from the targets. At the threat command, the students will pivot, turn, and face the target, place the rifle on fire, and shoot 2 rounds at their target. The instructor will then have the students place the rifles on safe and return to their starting position. The students will repeat this drill until they have run empty with their first magazine at which point they will place the rifle on safe, sling it properly, and transition to their handgun, firing 2 rounds at their target. The students will then scan and holster their handguns.

XII. Course Conclusion

- A. Debrief and Wrap Up
 - 1. Brass call and clean up
 - 2. Equipment check and weapon cleaning
 - 3. Debrief training: Questions and comments